




Springfield Family Resource Center
 7224 Commerce St. T4
 Springfield, VA 22150
 T:703-644-0000/F:703-644-4463
 August 2019



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9: a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	2 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	3
4	5 Drop-in Services: 9:00 a.m.– 5:00 p.m. SNAP/Medicaid services: 9:00 a.m.-3:30 p.m. Bread Distributions: 9:00 a.m.– 5:00 p.m. Stronger Parents, Brighter Futures 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 pm	6 Drop-in Services: 9:00 a.m. – 5:00 p.m. English Class: 10:30 a.m. -12:00 p.m. Clothes Distribution 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	7 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: 9:00 a.m.- 1:00 pm Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	8 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	9 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	10
11	12 Drop-in Services: 9:00 a.m.– 5:00 p.m. SNAP/Medicaid services: 9:00 a.m. - 3:30 p.m. Bread Distributions: 9:00 a.m.– 5:00 p.m. Stronger Parents, Brighter Futures 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 -6:00 pm	13 Drop-in Services: 9:00 a.m. – 5:00 p.m. English Class: 10:30 a.m.-12:00 p.m. Clothes Distribution 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m. Free Legal Assistance Pro Bono (by appt. only): 6:30 p.m.-8:30 p.m.	14 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: CLOSED Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	15 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9: a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	16 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	17
18/2 5	19/26 Drop-in Services: 9:00 a.m.– 5:00 p.m. SNAP/Medicaid services: 9:00 a.m.-3:30 p.m. Bread Distributions: 9:00 a.m.– 5:00 p.m. Stronger Parents, Brighter Futures 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	20/27 Drop-in Services: 9:00 a.m. – 5:00 p.m. English Class: 10:30 a.m. -12:00 p.m. Clothes Distribution 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m. NOVA Script: 10:00 a.m. - 12:00 p.m. on Aug. 27th.	21/28 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: CLOSED on the 21st 9:00 a.m.- 1:00 pm Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	22/29 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	23/30 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	24/31 Back to School Event 10:00 a.m. - 12:00 p.m. 

<p>Drop-in Services Center staff is available for drop-in services. We provide community members with resources and information for all aspects of self-sustainability, translation of documents, assistance with forms such as school applications, work applications, referral to other services, etc.</p>	<p>When: Monday through Friday, 9 a.m. – 5 p.m. Sponsored by: Second Story Contact person: Maria Tamayo Phone: (703) 644-0000</p>
<p>Pro bono Legal Services General free legal services: legal advice and referral on employment related or other general matters. Please note that no criminal activities, traffic infractions, or immigration issues will be addressed. Call for your appointment today.</p>	<p>When: Every second Tuesday of the month, 6:30 p.m. – 8:30 p.m. Sponsored by: Northern Virginia Pro Bono Law Center Contact person: Arlene Beckerman Phone: (703) 246-3779</p>
<p>Springfield Safe Youth Project After School Program for student grades 4-6th. The program offers tutoring, field trips, and workshops about nutrition, hygiene, violence prevention, self-esteem, etc.</p>	<p>When: Monday-Friday 4:00 p.m. – 6 p.m. Sponsored by: Second Story Contact person: Leslie Reynoso Phone: (703) 644-0000</p>
<p>GMU Free Community Health Clinic A strategic partnership between George Mason University, Fairfax County Neighborhood and Community Services and Alternative House. The Clinic offered: school physical, vision and hearing screening, referrals for chronic medical conditions, etc. The clinic also offers counseling.</p>	<p>When: Wednesdays, 9:00 a.m. –12:00 p.m. Sponsored by: George Mason University Contact person: Bridget Jennison Phone: (703) 993-5880</p>
<p>Eat, Play, Grow All parents are welcome to learn about nutrition and exercise for the family. An interactive class for parents and their children. Teaching children about nutrition and exercise from a young age can make a difference in their overall health.</p>	<p>When: Thursdays, 11:30 a.m. - 12:30 p.m. Sponsored by: Second Story Contact person: Maria Tamayo, Soraya Borja Phone: 703-644-0000</p>
<p>Financial Workshop: The workshop is open to the community in order to teach them some tips for saving money.</p>	<p>When: Once a month Thursday 10:00 a.m. – 11:30 p.m. Sponsored by: Financial Empowerment Center Contact person: Maria-Jose Cantoni Phone: (703) 704-6015</p>
<p>English Classes Free English as a Second Language Classes for all community members. This program is open to anyone that would like to learn and improve their verbal and written English Language.</p>	<p>When: Tuesday 10:30 a.m. -12:00 p.m. Sponsored by: Second Story Volunteer Contact person: Ron Giusti Phone: (703) 644-0000</p>
<p>Clothes Distribution It is open every Thursday and offers clothing and shoes for children and adults to anyone in the community.</p>	<p>When: Tuesdays, 10:00 a.m. –12:00 p.m. Sponsored by: Second Story Contact person: Maria Tamayo Phone: (703) 644-0000</p>
<p>Preschoolers + Parents class Preschoolers Plus Parents Class. It's a free class for northern Virginia Families with 0 to 5 years old children. The class is 1 ½ hours every week for parents and children together</p>	<p>When: Thursdays, 10:00 a.m. – 11:30 a.m. Sponsored by: Preschoolers Plus Parents INC. Contact person: Etta Johnson Phone: (703) 4988537</p>
<p>SNAP/ Medicaid Services: It's a free service for eligible families interested on SNAP and Medicaid services.</p>	<p>When: Monday, 9:00 a.m. – 3:30 p.m. Sponsored by: Outreach and Partnership Development Contact person: Nancy Woo Phone: (703) 644-0000</p>
<p>NOVA Script Monthly health education workshops to promote and raise awareness on national health observances topics and other health-related subjects.</p>	<p>When: Once a month, 10:00 a.m. - 12:00 p.m. Sponsored by: NOVA Scripts Central Contact person: Siye Tekeste Phone: (703) 532-0269</p>
<p>Stronger Parents, Brighter Futures This classes offers fun, informative and educational topics about parenting practices to address and work on issues and concerns that everyday family's face.</p>	<p>When: Mondays, 10:00 a.m.-12:00 p.m. Sponsored by: Virginia Family & Fatherhood Initiative Virginia Department of Health Contact person: Blanca Vasquez Phone: (703) 357-5673</p>
<p>Back to School Event Second Story annual back to school event welcomes members of the community and their children to enjoy a day of fun, moon bounce, food, and free backpacks with school supplies, and more! Come and get the opportunity to get informed about different resources available to the community.</p>	<p>When: Saturday August 24, from 10:00 a.m. - 12:00 p.m. Sponsored by: Second Story Contact person: Maria Tamayo Phone: (703) 644-0000</p>

