



Springfield Family Resource Center
 7224 Commerce St. T4
 Springfield, VA 22150
 T:703-644-0000/F:703-644-4463
 May 2019



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: 9:00 a.m.- 1:00 pm Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	2 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	3 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Parenting and Navigating The Tween & Teen Years: 12:00 p.m. -1:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	4
5	6 Drop-in Services: 9:00 a.m.– 5:00 p.m. SNAP/Medicaid services: 9:00 a.m.-3:30 p.m. Bread Distributions: 9:00 a.m.– 5:00 p.m. Stronger Parents, Brighter Futures 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 pm	7 Drop-in Services: 9:00 a.m. – 5:00 p.m. English Class: 10:30 a.m.-12:00 p.m.. Family Reunification: 11:00 a.m.-12:00 p.m. Clothes Distribution 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	8 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: 9:00 a.m.- 1:00 pm Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	9 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9: a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Head Start: 9:00 a.m. -3:00 p.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	10 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Nova Script: 10:00 a.m. - 12:00 p.m. Parenting and Navigating The Tween & Teen Years: 12:00p.m. -1:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	11
12	13 Drop-in Services: 9:00 a.m.– 5:00 p.m. SNAP/Medicaid services: 9:00 a.m.-3:30 p.m. Bread Distributions: 9:00 a.m.– 5:00 p.m. Stronger Parents, Brighter Futures 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 pm	14 Drop-in Services: 9:00 a.m. – 5:00 p.m. English Class: 10:30 a.m.-12:00 p.m.. Family Reunification: 11:00 a.m.-12:00 p.m. Clothes Distribution 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m. Free Legal Assistance Pro Bono (by appt. only): 6:30 p.m.-8:30 p.m.	15 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: 9:00 a.m.- 1:00 pm Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	16 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9: a.m. – 5:00 p.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Financial Empowerment: 10:00 a.m. - 12:00 p.m. Head Start: 9:00 a.m. -3:00 p.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	17 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Parenting and Navigating The Tween & Teen Years: 12:00p.m. -1:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	18
19/26	20/27-MEMORIAL DAY HOLIDAY Drop-in Services: 9:00 a.m.– 5:00 p.m. SNAP/Medicaid services: 9:00 a.m.-3:30 p.m. Bread Distributions: 9:00 a.m.– 5:00 p.m. Stronger Parents, Brighter Futures 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	21/28 Drop-in Services: 9:00 a.m. – 5:00 p.m. English Class: 10:30 a.m.-12:00 p.m.. Family Reunification: 11:00 a.m.-12:00 p.m. Clothes Distribution 10:00 a.m. -12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	22/29 Drop-in Services: 9:00 a.m.– 5:00 p.m. GMU Walk-in Clinic: 9:00 a.m.- 1:00 pm Medicaid Applications: 10:00 a.m.-12:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	23/30 Drop-in Services: 9:00 a.m.–5:00 p.m. Bread Distributions: 9: a.m. – 5:00 p.m. Preschoolers +Parents class: 10:00 a.m. – 11:30 a.m. Milk Distribution: 9:00 a.m.–5:00 p.m. Head Start: 9:00 a.m. -3:00 p.m. Springfield Safe Youth Project: 4:00–6:00 p.m.	24/31 Drop-in Services: 9:00 a.m.– 5:00 p.m. Bread Distributions: 9:00 a.m. – 5:00 p.m. Parenting and Navigating The Tween & Teen Years: 12:00p.m. -1:00 p.m. Springfield Safe Youth Project: 4:00 –6:00 p.m.	25

<p>Drop-in Services Center staff is available for drop-in services. We provide community members with resources and information for all aspects of self-sustainability, translation of documents, assistance with forms such as school applications, work applications, referral to other services, etc.</p>	<p>When: Monday through Friday, 9 a.m. – 5 p.m. Sponsored by: Second Story Contact person: Maria Tamayo Phone: (703) 644-0000</p>
<p>Pro bono Legal Services General free legal services: legal advice and referral on employment related or other general matters. Please note that no criminal activities, traffic infractions, or immigration issues will be addressed. Call for your appointment today.</p>	<p>When: Every second Tuesday of the month, 6:30 p.m. – 8:30 p.m. Sponsored by: Northern Virginia Pro Bono Law Center Contact person: Arlene Beckerman Phone: (703) 246-3779</p>
<p>Springfield Safe Youth Project After School Program for student grades 4-6th. The program offers tutoring, field trips, and workshops about nutrition, hygiene, violence prevention, self-esteem, etc.</p>	<p>When: Monday-Friday 4:00 p.m. – 6 p.m. Sponsored by: Second Story Contact person: Leslie Reynoso Phone: (703) 644-0000</p>
<p>GMU Free Community Health Clinic A strategic partnership between George Mason University, Fairfax County Neighborhood and Community Services and Alternative House. The Clinic offered: school physical, vision and hearing screening, referrals for chronic medical conditions, etc. The clinic also offers counseling.</p>	<p>When: Wednesdays, 9:00 a.m. –12:00 p.m. Sponsored by: George Mason University Contact person: Bridget Jennison Phone: (703) 993-5880</p>
<p>Head Start A school setting program for kids from 0 to 5 years for qualifying families. Any family is welcome to come in and get help with the application process.</p>	<p>When: Some Thursdays, 9:00 a.m. –3:00 p.m. Sponsored by: Office of Early Child Curriculum and Grant Management Contact person: Carolina Cadena Phone: (703) 208-7933</p>
<p>Financial Workshop: The workshop is open to the community in order to teach them some tips for saving money.</p>	<p>When: Once a month Thursday 10:00 a.m. – 11:30 p.m. Sponsored by: Financial Empowerment Center Contact person: Maria-Jose Cantoni Phone: (703) 704-6015</p>
<p>English Classes Free English as a Second Language Classes for all community members. This program is open to anyone that would like to learn and improve their verbal and written English Language.</p>	<p>When: Tuesday 10:30 a.m. -12:00 p.m. Sponsored by: Second Story Volunteer Contact person: Ron Giusti Phone: (703) 644-0000</p>
<p>Clothes Distribution It is open every Thursday and offers clothing and shoes for children and adults to anyone in the community.</p>	<p>When: Tuesdays, 10:00 a.m. –12:00 p.m. Sponsored by: Second Story Contact person: Maria Tamayo Phone: (703) 644-0000</p>
<p>Preschoolers + Parents class Preschoolers Plus Parents Class. It's a free class for northern Virginia Families with 0 to 5 years old children. The class is 1 ½ hours every week for parents and children together</p>	<p>When: Thursdays, 10:00 a.m. – 11:30 a.m. Sponsored by: Preschoolers Plus Parents INC. Contact person: Etta Johnson Phone: (703) 4988537</p>
<p>SNAP/ Medicaid Services: It's a free service for eligible families interested on SNAP and Medicaid services.</p>	<p>When: Monday, 9:00 a.m. – 3:30 p.m. Sponsored by: Outreach and Partnership Development Contact person: Nancy Woo Phone: (703) 644-0000</p>
<p>NOVA Script Monthly health education workshops to promote and raise awareness on national health observances topics and other health-related subjects.</p>	<p>When: Once a month Friday, 10:00 a.m. - 12:00 p.m. Sponsored by: NOVA Scripts Central Contact person: Joice Asato Phone: (703) 532-0269</p>
<p>Stronger Parents, Brighter Futures This classes offers fun, informative and educational topics about parenting practices to address and work on issues and concerns that everyday family's face.</p>	<p>When: Mondays, 10:00 a.m.-12:00 p.m. Sponsored by: Virginia Family & Fatherhood Initiative Virginia Department of Health Contact person: Blanca Vasquez Phone: (703) 357-5673</p>
<p>Family Reunification All parents that are about to or are going through reuniting with their children after some time apart are welcome to this workshop. The workshop is to understand the new family that is forming and the struggles that can happen along the way.</p>	<p>When: Tuesdays. 11:00 a.m. - 12:00 p.m. Sponsored by: Second Story Contact person: Soraya Borja Phone: 703-644-0000</p>
<p>Parenting and Navigating the Tween & Teen Years All parents need help from time to time. Second Story's free workshop focuses on positive behavior changes with families of children ages 10+.</p>	<p>When: Fridays, 12:00 p.m. - 1:00 p.m. Sponsored by: Second Story Contact person: Leslie Reynoso Phone: 703-915-3437 703-644-0000</p>