

Fall Meal Baskets

Second Story transforms the lives of local youth and families by providing safe havens and opportunities to grow and thrive at critical turning points in their lives.



Every year Second Story helps provide fall meals for families in need in Northern Virginia. We couldn't do it without your help!

Each should include:

- **Gift card for \$10 or more to Safeway, Giant, or Shoppers for purchasing a turkey or other meat** (*Please no fresh or frozen turkeys, as we can't refrigerate them. Instead, separate gift cards, note amount, and place them in sealed envelopes addressed to Jamie Rothenberger*)
- **Pasta or mac and cheese**
- **Cooking oil**
- **Dry black beans**
- **Rice**
- **Two types of canned vegetables**
- **Canned fruit for dessert or a box of dessert mix**
- **Shelf-stable UHT milk** (such as Parmalat) or additional money on the gift card to purchase milk to drink with the meal
- **Maseca brand of flour** (or similar)

**Every basket should contain enough items to feed six people. We also welcome Halal and Vegetarian/Vegan Friendly Baskets.*

For more information, please contact Alex Villegas, our Volunteer and Outreach Manager at outreach@second-story.org.

